

News Release



Date: June 9, 2010
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Learn to backpack this summer by backpacking! Discover your abilities in Backpacking 101!

If you've wanted to try backpacking but weren't quite sure how to get started then please join the TRTA for our Backpacking 101 class. Led by our seasoned guides and stellar Snowcamping 101 instructors, Wayne McClelland and Jordan Summers, this class will go over all the basics of backpacking from what to bring and how to pack to choosing a campsite and cooking your meals.

Wayne and Jordan will guide participants to Gray Lake on a five mile hike with 2,000 feet of elevation gain. **You must be able to hike 5+ miles per day at elevation with a 20-30lb backpack. Participants must provide all their own gear, food and clothing.**

Backpacking 101 is designed to equip you with the confidence to plan a safe backpacking trip. This course will start in the classroom, but then you actually get to practice the skills you just learned in an overnight experience. Specifically, your guides / instructors will cover: trip planning; packing; basic orientation skills; bear awareness; campsite selection and set-up; cooking hints and demonstrations; principals of Leave No Trace.

Dates: July 11-12, 2010
Cost: Suggested \$60 donation

For more information, and for prerequisites for this course, please call the TRTA office at (775) 298-0238 or email programs@tahoerimtrail.org.

For more information about the Tahoe Rim Trail Association, call (775) 298-0012 or visit www.tahoerimtrail.org. The Tahoe Rim Trail Association, founded in 1981, is a non-profit organization, which works to enhance, expand, and promote the Tahoe Rim Trail system, practice and encourage stewardship, and provide access to the beauty of the Lake Tahoe region. The Association works in partnership with the USDA Forest Service and Nevada State Parks.